

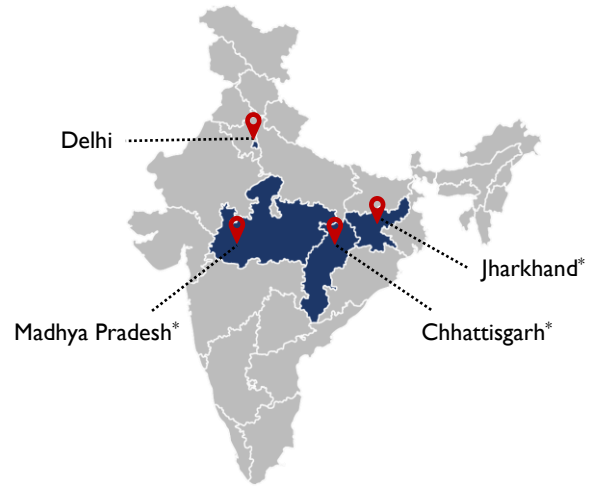


# Youth Health Network

An initiative of YAARI project

## Empowering Young Adults for Better Health and Well-being

Young Adults for Accessible, Respectful, and Inclusive Reproductive Health Initiatives (YAARI), supported by USAID and implemented by IPE Global, addresses the health and well-being needs of individuals aged 10-24. Focusing on Sexual and Reproductive Health (SRH) and Family Planning (FP), YAARI prioritizes marginalized communities, empowering youth and adolescents with knowledge and skills to make informed decisions for their health and well-being and helps them connect with opportunities to achieve their aspirations. The initiative advocates for youth-centric, gender-inclusive, and climate-resilient SRH and FP policies through national and regional engagement. By working to overcome barriers to quality health services, YAARI aligns with the Sustainable Development Goals, striving to create an inclusive and accessible healthcare ecosystem that effectively responds to young people's needs in a progressing world.



\* Includes Aspirational Districts

## Youth Health Network

YAARI will establish a 'Youth Health Network' (YHN) in collaboration with both private and public sector healthcare providers. This network will serve as a channel for delivering information, products, and services to adolescents and youth aged 15-24. It will focus on reaching marginalized populations, including tribal communities, LGBTQAI+ individuals, and youth with disabilities.

### Focus Areas

The YHN will offer youth-friendly services in the following areas:



#### Sexual and Reproductive Health

Counselling, products, and services tailored for young adults



#### Mental Health Support

Addressing issues such as anxiety and peer pressure



#### Menstrual Hygiene

Access to information and menstrual products



#### Lifestyle Management

Promoting healthy habits for overall well-being



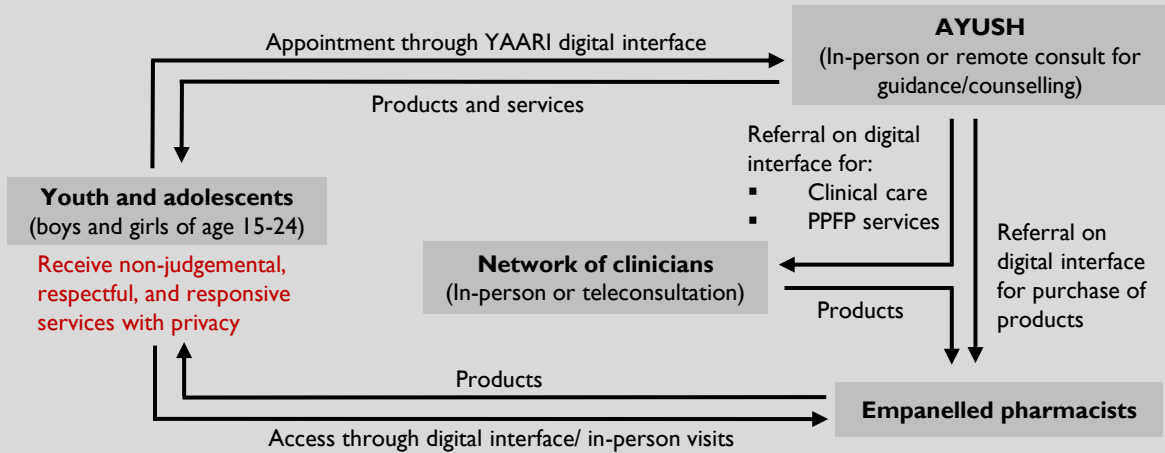
#### Post-pregnancy Family Planning

Guidance and support for new parents

## Approach

- **Network Building:** Mapping of AYUSH providers with support of respective professional bodies
- **Provider Sensitization:** Orientation of YHN providers to ensure youth-friendly, non-judgmental, and equitable services, focused on SRH, mental, and overall well-being
- **Referral System:** Establish pathways for private-to-private and private-to-public health facilities for comprehensive care
- **Technology Integration:** Leveraging digital tools for effective service delivery

## YHN Operational Overview



Products refer to SRH Products | Services for SRH, mental health, and lifestyle management | PPF: Post-pregnancy family planning

## Why Become a YHN Provider?



### Professional Development<sup>1</sup>

- Access to latest resources, collaborative learning, and mentorship
- Diversifying skills in mental health, SRH, lifestyle management



### Collaboration and Recognition

- Collaboration with professional bodies (AYUSH/NIMA/Homeopathy org., FOGSI/IMA) and peer support
- Opportunity for increased visibility with government health systems



### Holistic Care Delivery

- Provision of comprehensive care
- Access to multiple specialists within the network



### Technology Integration – YAARI Digital Interface

- Improved client engagement and delivery of youth-centric services



### Expanded Reach

- Increased patient base through virtual in addition to in-person consultations



### Funding Opportunities

- Potential to leverage private capital for growth and market visibility

<sup>1</sup> As per the practices approved by the State AYUSH Department

## Contact Details

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